

TEMA MAKANAN DAN MINUMAN



NAMA:

KELAS:

Disediakan oleh: Cikgu Azlinda Amran



Hari: Tarikh:

Arahan: Tulis nama makanan di bawah.

roti

telur

mi

nasi



Hari: Tarikh:

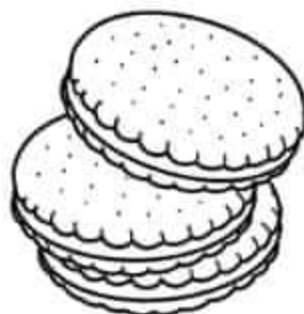
Arahan: Tulis nama makanan di bawah.

piza

biskut

kek

donat



Hari: Tarikh:

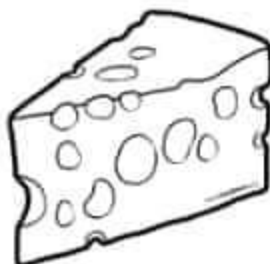
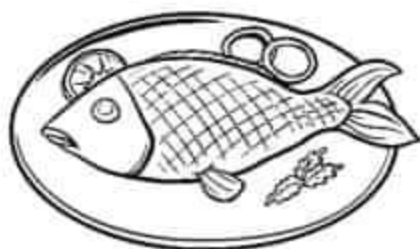
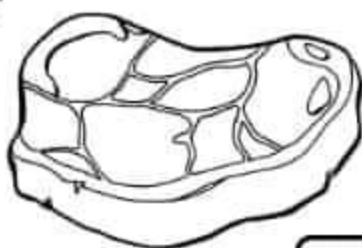
Arahan: Tulis nama makanan di bawah.

keju

ikan

ayam

daging



Hari: Tarikh:

Arahan: Tulis nama kuih tradisional di bawah.

kuih
lapis

kuih
bahulu

kuih
karipap

kuih
keria



Hari: Tarikh:

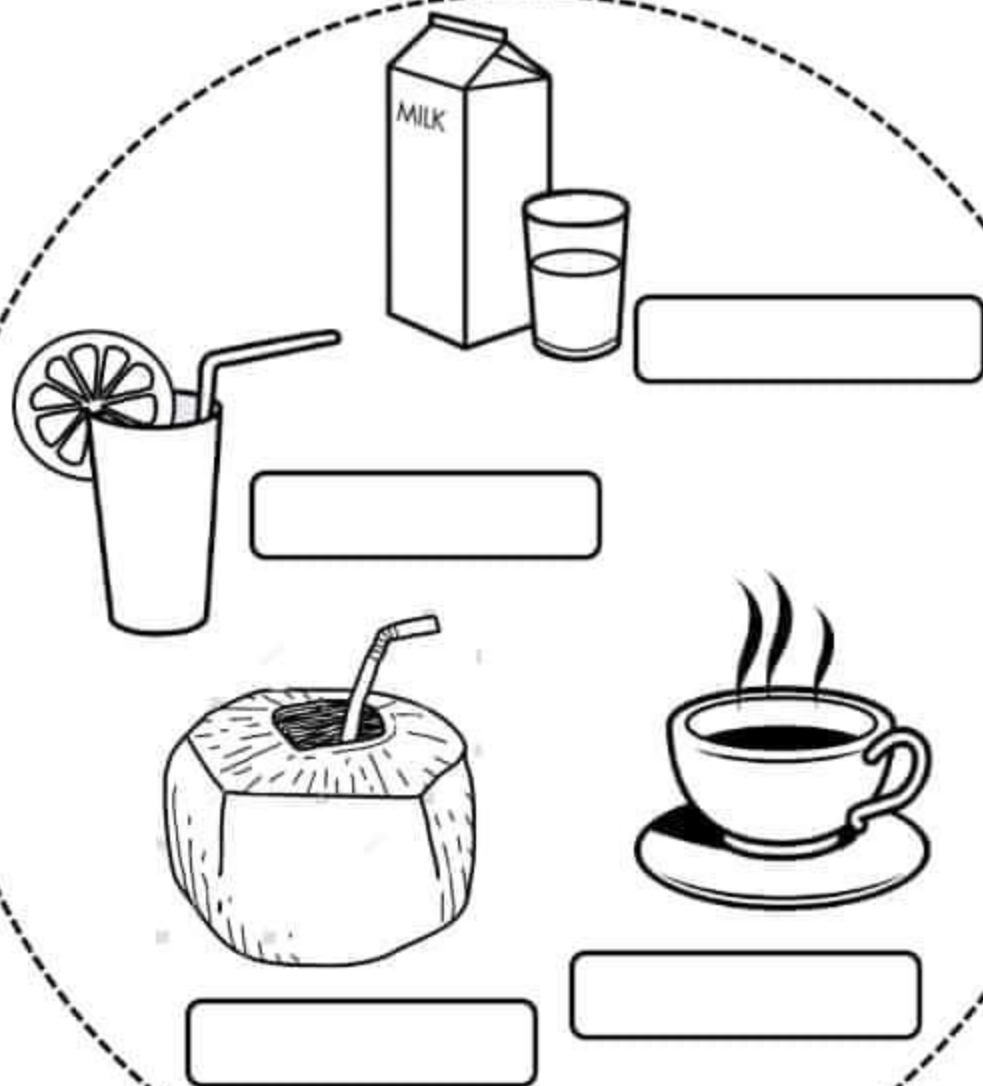
Arahan: Tulis nama minuman di bawah.

air
susu

jus
oren

air
kelapa

air
kopi



Hari:.....

Tarikh:.....

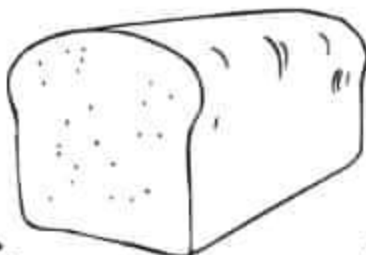
Arahan: Tulis perkataan berdasarkan gambar.

telur

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Hari:.....

Tarikh:.....

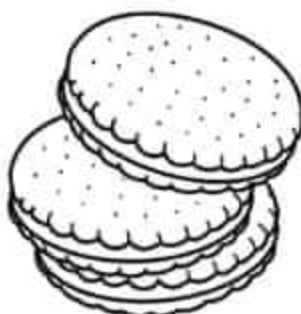
Arahan: Tulis perkataan berdasarkan gambar.

biskut

piza

donat

kek



Hari:.....

Tarikh:.....

Arahan: Tulis perkataan berdasarkan gambar.

susu

air oren

air kopi

air kelapa



Hari:.....

Tarikh:.....

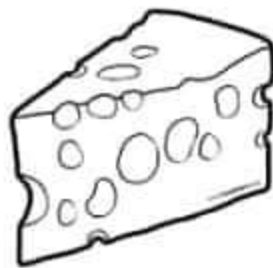
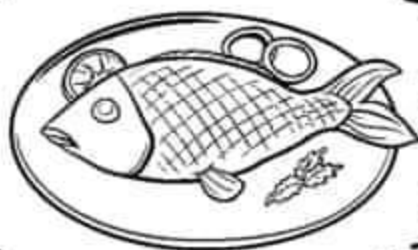
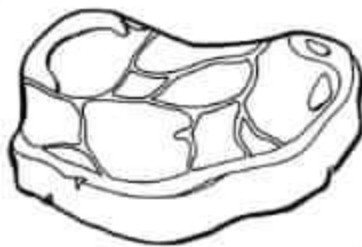
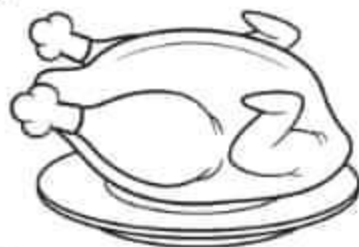
Arahan: Tulis perkataan berdasarkan gambar.

keju

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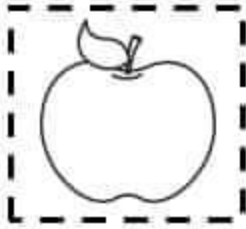
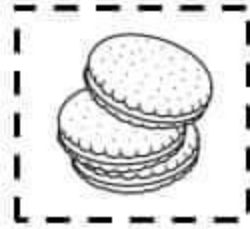
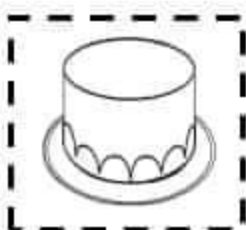
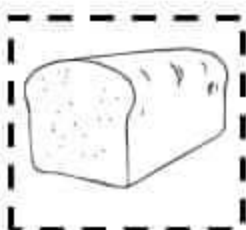
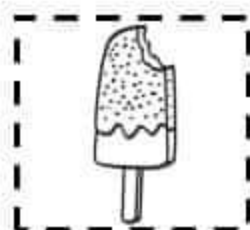
daging

ayam



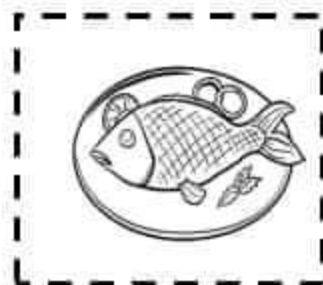
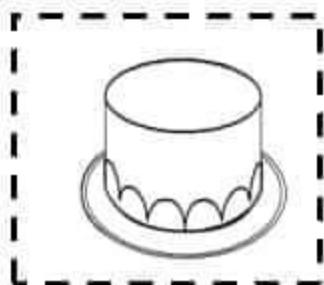
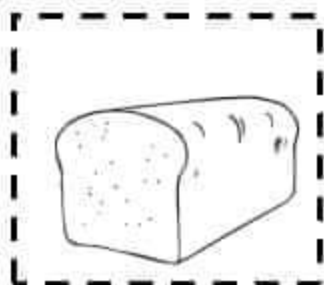
Hari: Tarikh:
Arahan: Warnakan gambar, gunting dan tampal.

Makanan Berkhasiat	Makanan Tidak Berkhasiat



Hari: Tarikh:

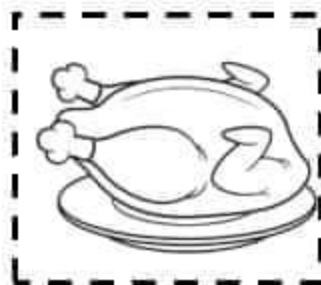
Arahan: Padankan gambar dengan perkataan



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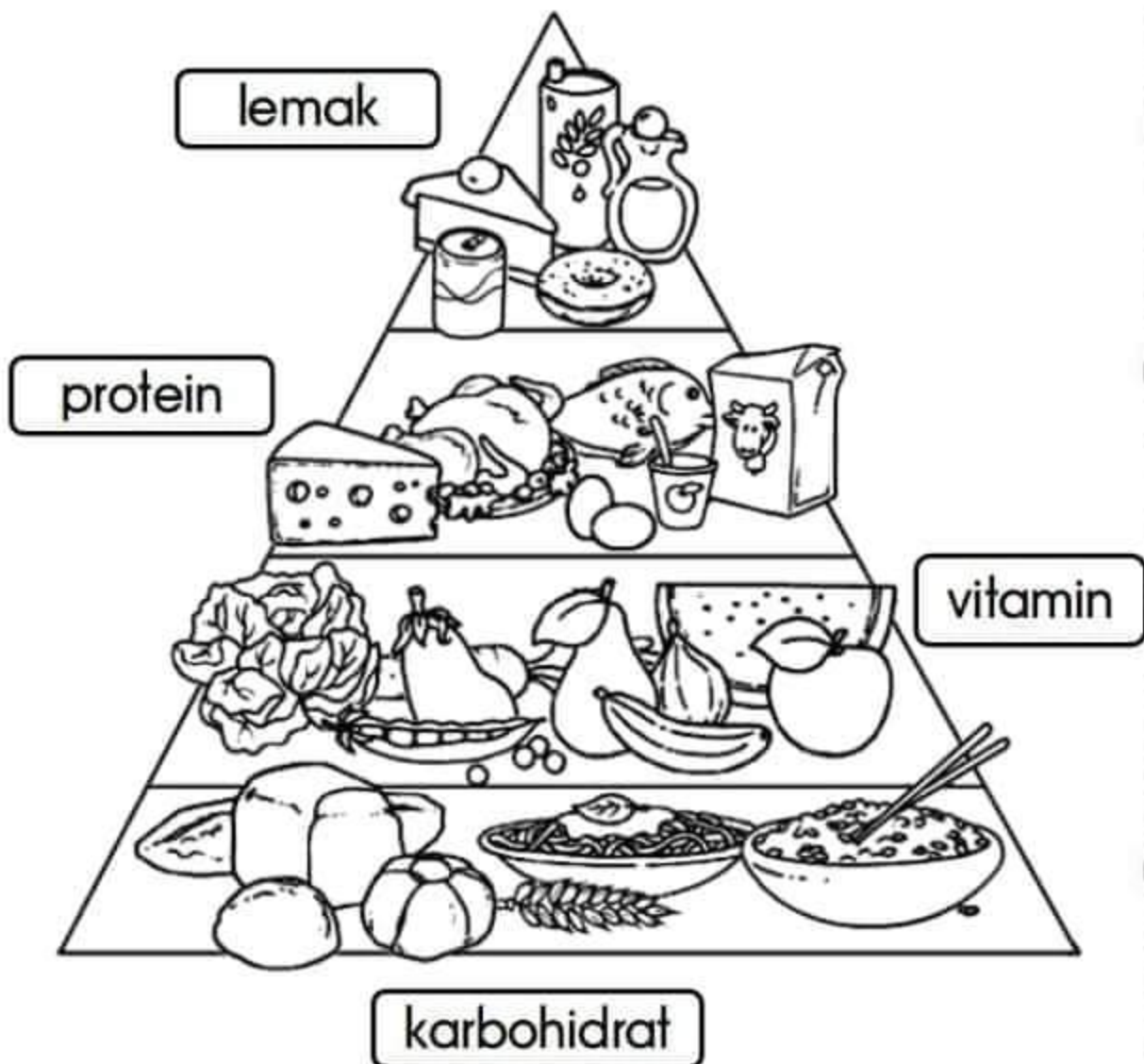
telur

nasi



Hari: Tarikh:
Arahan: Warnakan piramid makanan di bawah.

Piramid Makanan



Hari: Tarikh:

Arahan: Tulis nama makanan mengikut kelas makanan yang betul.

Karbohidrat	Vitamin
1.	1.
2.	2.
3.	3.



roti



nasi



epal



mi



tembikai



brokoli

Hari: Tarikh:

Arahan: Tulis nama makanan mengikut kelas makanan yang betul.

Protein	Lemak
1.	1.
2.	2.
3.	3.



telur



ayam



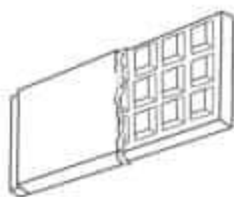
kek



donat



ikan

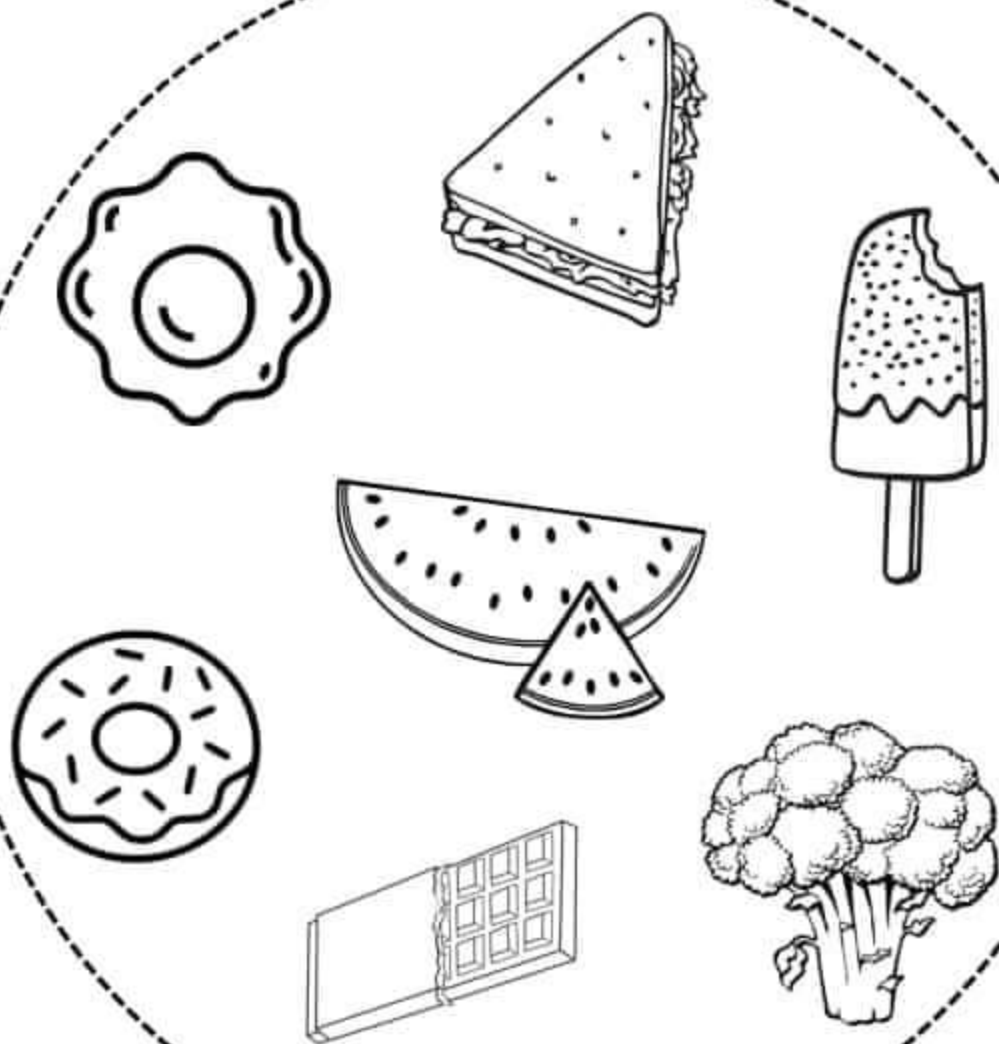


coklat



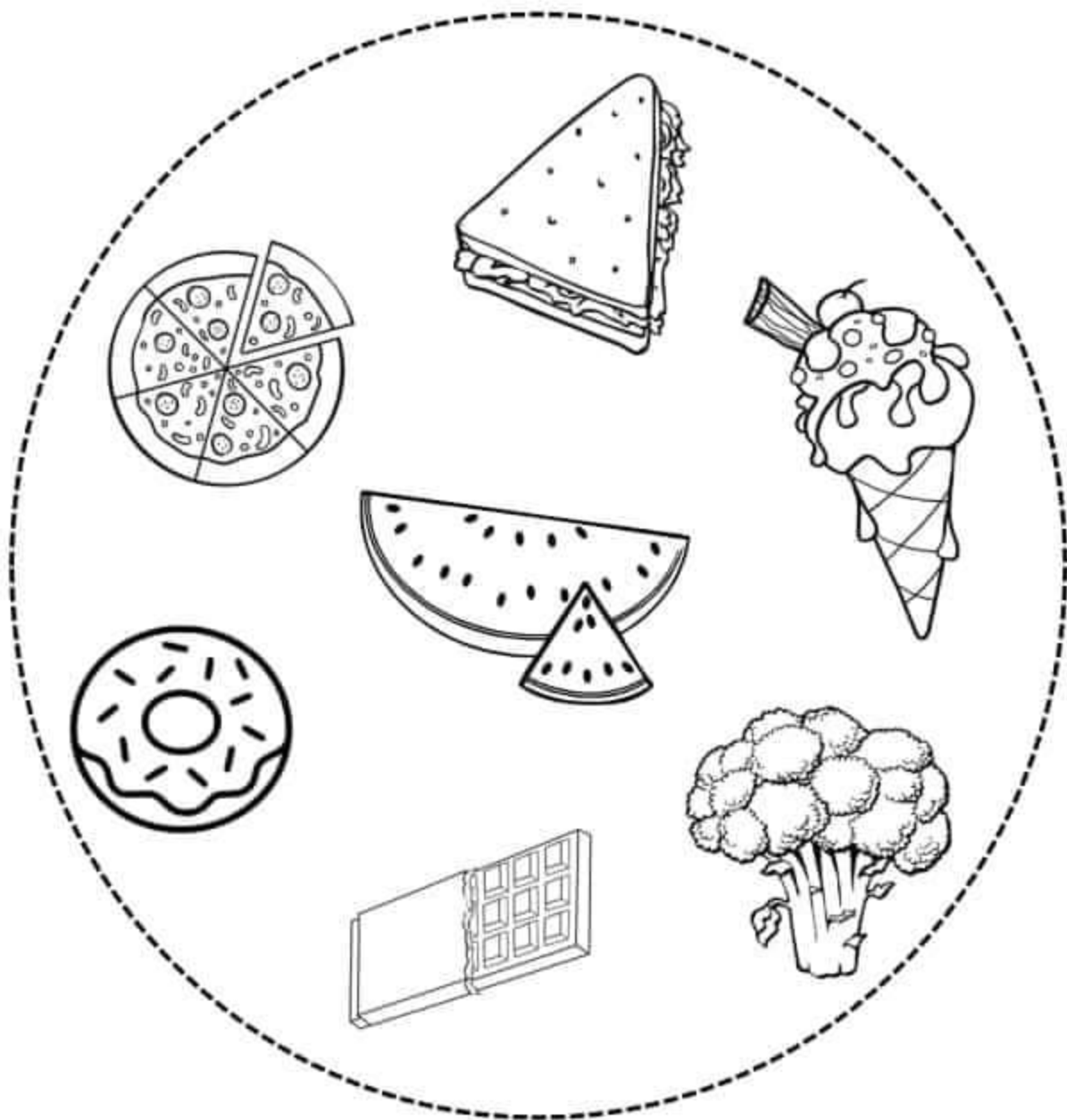
Hari: Tarikh:

Arahan: Warnakan makanan yang berkhasiat.



Hari: Tarikh:

Arahan: Warnakan makanan yang tidak berkhasiat.



MAKAN MAKANAN YANG BERKHASIAH

